



001 Fruit and Vegetables

Identifying and classifying fruit and vegetables

Starting Session

Hand out the Miniland fruit and vegetables. Ask the children which fruit and vegetables they know, which they have eaten. Explain that we need to eat fruit and vegetables every day, talk about their properties, etc.

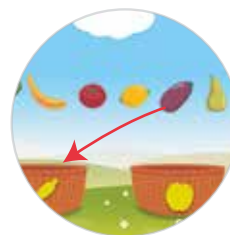
Miniland Product Game

In turns, we pick up a Miniland fruit or vegetable and say if it's a fruit or a vegetable. If it's a fruit we place it on the fruit sheet (printed out beforehand), and if it's a vegetable we place it on the vegetable sheet.



Digital Game

When finished, play the digital game to reinforce content. The game consists of dragging each item of food to its respective basket: 8 fruits and 8 vegetables. Work the name of each item of food.



Educational content

Mathematics

- Shapes and colours.
- Identifying and classifying food.

Language

- Vocabulary.

Natural Sciences

- Differentiating between fruit and vegetables.

Health Education

- A healthy diet.

ICT

Use of a digital environment.



Compatible Miniland Material

- Ref. 30595 Exotic fruit
- Ref. 30581 – 30681 Fruit
- Ref. 30582 – 30682 Vegetables
- Ref. 30811 Fruit, vegetables and dried fruit
- Ref. 30765 Basket of fruit
- Ref. 30766 Basket of vegetables
- Ref. 30767 Basket of fruit and vegetables
- Ref. 35210 6-fruit silhouette puzzle
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Multilingual education

Vocabulary and speaking.



Age

3-5 years.



Themes

Food and Nutrition.