

# 002: Fruit and Vegetable Colours

*Differentiating between and recognising fruit and vegetables*



## Starting Session

Hand out the Miniland fruit and vegetables and look for differences between them, etc. Talk about their colours... Which fruit is ...? Introduce and reinforce the colours: red, yellow, green, orange, brown and purple. Take the opportunity to talk about the properties of the food in question.

## Miniland Product Game

Print out the colour pot sheets. The game is to place each fruit and vegetable on its sheet and say aloud how many we have of each colour.

## Digital Game

When finished, play the digital game to reinforce content. The game consists of colouring in the food. What colour is...? Select a pot of color and touch the items of food of this colour. Look for fruit and vegetables in accordance with the number under each pot of colour.



## Educational content

### Mathematics

Colours: Differentiation  
Counting up to 3

### Language

Vocabulary.

### Natural Sciences

Fruit and vegetables

### Health Education

A healthy diet

### ICT

Use of a digital environment



## Compatible Miniland Material

Ref. 30595 Exotic fruit  
Ref. 30581 – 30681 Fruit  
Ref. 30582 – 30682 Vegetables  
Ref. 30811 Fruit, vegetables and dried fruit  
Ref. 30765 Basket of fruit  
Ref. 30766 Basket of vegetables  
Ref. 30767 Basket of fruit and vegetables  
Ref. 35210 6-fruit silhouette puzzle



## Age

3 years  
4 years  
5 years



## Themes

Food  
Fruit and vegetables

