

001: Fruit and Vegetables

Identifying and classifying fruit and vegetables



Starting Session

Hand out the Miniland fruit and vegetables. Ask the children which fruit and vegetables they know, which they have eaten. Explain that we need to eat fruit and vegetables every day, talk about their properties, etc.

Miniland Product Game

In turns, we pick up a Miniland fruit or vegetable and say if it's a fruit or a vegetable. If it's a fruit we place it on the fruit sheet (printed out beforehand), and if it's a vegetable we place it on the vegetable sheet.

Digital Game

When finished, play the digital game to reinforce content. The game consists of dragging each item of food to its respective basket: 8 fruits and 8 vegetables. Work the name of each item of food.



Educational content

Mathematics

Shapes and colours
Identifying and classifying food

Language

Vocabulary.

Natural Sciences

Differentiating between fruit and vegetables

Health Education

A healthy diet

ICT

Use of a digital environment



Compatible Miniland Material

Ref. 30595 Exotic fruit
Ref. 30581 – 30681 Fruit
Ref. 30582 – 30682 Vegetables
Ref. 30811 Fruit, vegetables and dried fruit
Ref. 30765 Basket of fruit
Ref. 30766 Basket of vegetables
Ref. 30767 Basket of fruit and vegetables
Ref. 35210 6-fruit silhouette puzzle



Age

3 years
4 years
5 years



Themes

Food
Fruit and vegetables

